

Pushes and Pulls

Grade 1 • SCIENCE • Students identify pushes and pulls and recognize how these forces can make objects start moving. • Standards: K-PS2-1

Read each sentence about moving something. Write PUSH or PULL to show which force is being used.

1. You press a book away from your body across the table. Is this a PUSH or a PULL?
2. You bring a toy closer to you by tugging on it. Is this a PUSH or a PULL?
3. You press a button to turn on a light. Is this a PUSH or a PULL?
4. You move a chair away from the table by pressing on it. Is this a PUSH or a PULL?
5. You open a drawer by holding the handle and bringing it toward you. Is this a PUSH or a PULL?
6. You make a ball roll away from you by hitting it with your hand. Is this a PUSH or a PULL?
7. You drag your backpack along the floor behind you. Is this a PUSH or a PULL?
8. You close a door by pressing it until it shuts. Is this a PUSH or a PULL?
9. You make a toy car start moving by tapping it from behind. Is this a PUSH or a PULL?
10. You move a wagon down the sidewalk by holding the handle in front of you. Is this a PUSH or a PULL?

Answer Key — Pushes and Pulls

For the teacher / parent. Do not distribute with the worksheet.

1. PUSH (*Pushing means moving an object away from you.*)
2. PULL
3. PUSH
4. PUSH
5. PULL
6. PUSH
7. PULL
8. PUSH
9. PUSH
10. PULL